

**COURSE CURRICULUM FOR SECOND PROFESSIONAL
BSRMS
(PRESCRIBED BY NCISM)**

Subject/Course:

Thornad dang gsangnadgsoba

(Subject Code: SRUG-TS)

**Management of Unclassified group of Diseases and
Reproductive Health**

**(Applicable from 2022-23 batch for academic year 2024-25 onwards
for 5 years or until further notification by NCISM, whichever is earlier)**



॥ आयुषे सर्वलोकानाम् ॥

**BOARD OF UNANI, SIDDHA AND SOWA-RIGPA
NATIONAL COMMISSION FOR INDIAN SYSTEM OF
MEDICINE**

NEW DELHI-110026



Index

Preface	2
Summary	3
Teaching Hours Distribution	3
Examination (Papers & Mark Distribution)	3
Table 1:- Course Code and Name of Course	4
Table 2:- THEORY (CONTENTS, TERM AND DISTRIBUTION OF HOURS)	4
Management of Unclassified group of diseases and Reproductive Health	4
Management of Unclassified group of diseases and Reproductive Health	5
Table 3 A:-THEORY (LECTURE AND NON-LECTURES)	5
Management of Unclassified group of diseases and Reproductive Health Paper 1	6
Management of Unclassified group of diseases and Reproductive Health Paper 2	11
Table 3 B DISTRIBUTION OF HOURS (PRACTICAL)	14
Table 4. Assessment Summary	18
A. Number of papers and Marks Distribution	18
B. Scheme of Assessment (formative and Summative)	18
C. Calculation Method for Internal Assessment Marks (20 Marks)	19
D. Evaluation Methods for Periodical Assessment	19
E. Question Paper Pattern	20
F. Distribution of theory Exam and Question paper-Blue print	20
Paper 1	20
Management of Unclassified group of Diseases and Reproductive Health	20
Distribution of theory Exam and Question paper-Blue print	20
Paper 2:	20
Management of Unclassified group of Diseases and Reproductive Health	21
G. Distribution of Practical Exam	21
REFERENCES:	23

Preface

Unclassified group of diseases and reproductive Health. (SRUG-TS)

This subject encompasses 23 chapters and 19 of these are categorized under *Thornad* which is one of the sub-branch of studying Sowa-Rigpa. *Thornad* which can be roughly translated as unclassified group of diseases. Primarily, the manifestation of these unclassified group of diseases couldn't be categorized under any other eight branches of Sowa-Rigpa study and from the practical and clinical point of view, *Thornad* are not life threatening diseases, but in public domain, their prevalence and occurrence is much common that can be handled easily with some minor tips. Thus, these 19 groups of unclassified disorders are put under one umbrella and essentially, their knowledge and management cannot be neglected. For instance an itchy skin rash may not be a life threatening experience, but with some simple tips, one can manage and control the complication easily. One of the early classical text *rgyalpo 'iblayig 'od bar* also called as *Bijipo tikha ser* is the one which discussed much on *Thornad* and their management.

Two of the Chapters are related with the male and female reproductive health which indeed are significant to study in times of emerging infections and communicable disease maintaining male and female reproductive health and further help to curb vertical and horizontal transmission of transmissible sexual diseases.

Further, two more chapters related to management of virility, fertility and Contraception are incorporated in this subject to give insights on methods and interventions required for sexual diseases and non-conceiving individuals.

In nutshell, this subject covers all the unclassified group of diseases, human reproductive health, virility and contraception methods available in Sowa-Rigpa.

After studying this subject, the students will be able to identify, classify various etiological factors, pathological presentation and their treatment modalities. The soft and hard skill acquired from this subject can be applied in their clinical practices and can further pursue specialization and do in-depth research in their PG or Ph.D. Programs.

**NATIONAL COMMISSION FOR INDIAN SYSTEM OF MEDICINE
BOARD OF UNANI, SIDDHA & SOWA-RIGPA**

SOWA-RIGPA COURSE CURRICULUM & SYLLABUS

Session: Second Professional B.S.R.M.S.

Subject/Course: *thornad dang gsangnadgsoba*

History and Fundamental Principles of Sowa-Rigpa

Subject Code: SRUG-LT

Management of Unclassified group of diseases and Reproductive Health

Summary

Teaching Hours Distribution

Papers	Lecture hours	Non-Lecture hours	Total hours
Paper I: <i>thornad dang gsangnadgsoba</i> Management of Unclassified group of diseases and Reproductive Health	50	20	70
Paper-2: <i>thornad dang gsangnadgsoba</i> Management of Unclassified group of diseases and Reproductive Health	50	20	70
Practical	NA	90	90
Grand total			230

Examination (Papers & Mark Distribution)

Item	Theory Component Marks	Practical Component Marks			
		Practical	Viva	Elective	Internal Assessment
Paper I	100	100	20	10	20
Paper II	100				
Sub-Total	200				
Total marks	350				

SOWA-RIGPA COURSE CURRICULUM & SYLLABUS

Session: Second Professional B.S.R.M.S.

Table 1:-Course Code and Name of Course

Sl. No	Name of the subjects		
	Subject Code	Subjects	Equivalent Terms
1	SRUG-TS	<i>thornad dang gsangnadgsoba</i>	Management of Unclassified group of Diseases and Reproductive Health

Table 2:-THEORY (CONTENTS, TERM AND DISTRIBUTION OF HOURS)

Paper 1:*thornad dang gsangnadgsoba*

Management of Unclassified group of diseases and Reproductive Health

Chapters	Term (I/II/III)	Distribution of Hours
1. Clinical management of <i>skad'gags</i> (Vocal Complication) སྐད་འགགས་གསོ་བ།	I	4
2. Clinical management of <i>yiga'chuspa</i> (Anorexia) ཡི་ག་འཚུས་པ་གསོ་བ།	I	3
3. Clinical management of <i>skomnad</i> (Excessive Thirst) སྐྱམ་ནད་གསོ་བ།	I	3
4. Clinical management of <i>skyigsbu</i> (Hiccough) རླུགས་བུའི་ནད་གསོ་བ།	I	4
5. Clinical management of <i>dbugsmibdeba</i> (Respiratory disease) དབུགས་མི་བདེ་བ་གསོ་བ།	I	5
6. Clinical management of <i>glangthabs</i> (Sudden abdominal cramps) ལྷང་ཐབས་བཅོས་བ།	II	5
7. Clinical management of <i>srinnad</i> (Disorders caused by worms and micro-organism) སྲིན་ནད་བཅོས་བ།	II	5
8. Clinical management of <i>skyugsnad</i> (Vomiting) རླུགས་པའི་ནད་བཅོས་བ།	II	4
9. Clinical management of <i>khrunad</i> (Diarrhoea) འཇུ་ནད་བཅོས་བ།	II	4
10. Clinical management of <i>drimagagsPa</i> (Constipation) སྤྱི་མ་འགགས་པ་གསོ་བ།	II	3
11. Clinical management of <i>gchin'gags</i> (Dysuria) གཅིན་འགགས་གསོ་བ།	II	6
12. Clinical management of <i>gchinsnyi</i> (Polyuria) གཅིན་སྟེ་བའི་ནད་གསོ་བ།	III	7
13. Clinical management of <i>tshad'khru</i> (Dysentery) ཚད་འཇུ་གསོ་བ།	III	5
14. Clinical management of <i>dregnad</i> (Gout) འྲྀག་ནད་གསོ་བ།	III	5
15. Clinical management of <i>grumbu</i> (Arthritis) གུམ་བུའི་ནད་བཅོས་བ།	III	7
Total (Theory Hours)		70

THEORY(CONTENTS, TERM AND DISTRIBUTION OF HOURS)

Paper 2: *thornad dang gsangnadgsoba*

Management of Unclassified group of diseases and Reproductive Health

Chapters	Term (I/II/III)	Distribution of Hours
1. Clinical management of <i>Chusernad</i> (Excess serous fluid disease) ཚུ་མེད་གྱི་ནད་གསོ་བ།	I	9
2. Clinical management of <i>rtsadkarnad</i> (Nerve disorders) རྩ་དཀར་གྱི་ནད་གསོ་བ།	I	18
3. Clinical management of <i>pagsnad</i> (Dermatological disorders) ཕགས་པའི་ནད་གསོ་བ།	II	7
4. Clinical management of <i>phranbu'inad</i> (Miscellaneous minor disorders) ཕྱན་བུའི་ནད་གསོ་བ།	II	5
5. Clinical management of <i>phomtsannad</i> (Male Genital diseases) ཕོ་མཚན་ནད་གསོ་བ།	II	5
6. Clinical management of <i>momtsannad</i> (Female Genital diseases) མོ་མཚན་ནད་གསོ་བ།	II	7
7. Clinical management of <i>rotsa</i> (Virility) རོ་ཚ་གསོ་བར་བྱ་བ།	III	11
8. Clinical management of <i>bumed pa bstalba</i> (Fertility and Contraception) བུ་མེད་པ་བཅའ་བ།	III	8
Total (Theory Hours)		70

Table 3A:-THEORY (LECTURE AND NON-LECTURES)

Paper 1:thornad dang gsangnadgsoba

Management of Unclassified group of diseases and Reproductive Health

Chapter/ Sub-headings	Lecture (L)/ Non- Lecture NL)	Teaching- Learning (TL) Methods	Distribution of hours	
			LH	NLH
Chapter 1: Clinical management of <i>skad'gags</i> (Vocal Complication) སྐད་འགགས་གསོ་བ།				
4				
a. Cause and conditions of <i>skad'gags</i> disorders • K- Discuss the cause and condition of <i>skad'gags</i> disorders	L	Lecture	1	x
b. Classification, Sign and symptoms of <i>skad'gags</i> disorders • K-Describe the classification, sign and symptoms of <i>skad'gags</i> disorders	L	Lecture	1	x
c. Treatment of <i>skad'gags</i> disorders • K- Explain the cause and condition of <i>skad'gags</i> disorders • S-Identify the classification, sign and symptoms of <i>skad'gags</i> disorders • A- Recognize the Treatment of <i>skad'gags</i> disorders	L/NL	Lecture/Case Based Study, PPT and Charts	1	1
Chapter 2: Clinical management of <i>yiga'chuspa</i> (Anorexia) ཡི་ག་འཕྲུལ་པ་གསོ་བ།				
3				
a. Cause and conditions, Classification of <i>yiga'chuspa</i> disorders • K- Explain the cause and condition of <i>yiga'chuspa</i> disorders	L	Lecture	1	x
b. Sign, symptoms & treatment of <i>yiga'chuspa</i> disorders • K-Discuss the Sign, symptoms & treatment of <i>yiga'chuspa</i> disorders • S-relate the sign, symptoms & treatment of <i>yiga'chuspa</i> disorders • A- Summarize the Sign, symptoms & treatment of <i>yiga'chuspa</i> disorders	L/NL	Lecture/Group Discussion, Clinical Exposure	1	1
Chapter 3: Clinical management of <i>skomnad</i>(Excessive Thirst) སྐྱམ་ཅན་གསོ་བ།				
3				
a. Cause and conditions, classification, of <i>skomnad</i> • K-Outline the Cause and conditions, Classification of <i>skomnad</i>	L	Lecture	1	x
b. Sign, symptoms & treatment of <i>skomnad</i> • K-Know the Sign, symptoms & treatment of <i>skomnad</i> • S-Illustrate the Sign, symptoms & treatment of <i>skomnad</i> • A-Devise the Sign, symptoms & treatment of <i>skomnad</i>	L/NL	Lecture/Inquiry Based Learning	1	1

Chapter 4: Clinical management of <i>skyigsbu</i>(Hiccough)				
ལྷིགས་ལུའི་ནད་གསོ་བ།				4
a. Cause, conditions, Classification, Sign and symptoms of <i>skyigsbu</i> disorders <ul style="list-style-type: none"> • K- Explain the Cause, conditions, Classification, Sign and symptoms of <i>skyigsbu</i> disorders 	L	Lecture	1	x
b. Treatment of <i>skyigsbu</i> disorders <ul style="list-style-type: none"> • K- Know and explain the treatment of <i>skyigsbu</i> disorders • S-Illustrate the treatment of <i>skyigsbu</i> disorders • A- Devise the treatment of <i>skyigsbu</i> disorders 	L/NL	Lecture/Team Learning, Case-based Learning	2	1
Chapter 5: Clinical management of <i>dbugsmibdeba</i>(Respiratory disease)				
དབུགས་མི་བདེ་བ་གསོ་བ།				5
a. Cause, conditions, classification, sign and symptoms of <i>dbugsmibdeba</i> disorders <ul style="list-style-type: none"> • K-Discuss the cause, conditions, classification, sign and symptoms of <i>dbugsmibdeba</i> disorders 	L	Lecture	2	x
b. Treatment of <i>dbugsmibdeba</i> disorders <ul style="list-style-type: none"> • K-Explain the Treatment of <i>dbugsmibdeba</i> disorders • S-Distinguish the Treatment of <i>dbugsmibdeba</i> disorders • A-Recognize the Treatment of <i>dbugsmibdeba</i> disorders 	L/NL	Lecture/Group Discussion, Self - Directed Learning, Clinical Exposure, Simulation	2	1
Chapter 6: Clinical management of <i>glangthabs</i>(Sudden abdominal cramps)				
གླང་ཐབས་བཞོན་བ།				5
a. Cause and conditions, Classification, Sign and symptoms of <i>glangthabs</i> disorders <ul style="list-style-type: none"> • K-Explain the cause and conditions, Classification, Sign and symptoms of <i>glangthabs</i> disorders 	L	Lecture with Charts or PPT	2	x
b. Treatment of <i>glangthabs</i> disorders <ul style="list-style-type: none"> • K-Describe the treatment of <i>glangthabs</i> disorders • S-Identify the treatment of <i>glangthabs</i> disorders • A-Comprehend the treatment of <i>glangthabs</i> disorders 	L/NL	Lecture/Clinical Exposure, Case Based study, Problem Solving Method	2	1
Chapter 7: Clinical management of <i>srinnad</i>(Disorders caused by Worms and micro-organism)				
མྱི་ནད་བཞོན་བ།				5

a. Cause, conditions, classification, sign and symptoms of <i>srinnad</i> <ul style="list-style-type: none"> • K-Discuss the cause, conditions, classification, Sign and symptoms of <i>srinnad</i> • S-Identify the cause, conditions, classification, sign and symptoms of <i>srinnad</i> • A-Recognise the cause, conditions, Classification, Sign and symptoms of <i>srinnad</i> 	L/NL	Lecture/Debate, Case Based Study, Clinical Exposure	1	1
b. Treatment of <i>srinnad</i> <ul style="list-style-type: none"> • K-Elaborate the Treatment of <i>srinnad</i> • S-Identify the Treatment of <i>srinnad</i> • A-Recognise the Treatment of <i>srinnad</i> 	L/NL	Lecture with Charts or PPT/Clinical Exposure, Case Based Learning	2	1
Chapter 8: Clinical management of <i>skyugsnad</i>(Vomiting) ལྷག་པོའི་ནད་བཅོས་པ།				
4				
a. Cause and conditions, Classification, Sign and symptoms of <i>skyugsnad</i> <ul style="list-style-type: none"> • K-Describe the Cause and conditions, Classification, Sign and symptoms of <i>skyugsnad</i> 	L	Lecture	1	x
b. Treatment of <i>skyugsnad</i> disorders <ul style="list-style-type: none"> • K-Explain the treatment of <i>skyugsnad</i> • S-Identify the treatment of <i>skyugsnad</i> • A-Recognise the treatment of <i>skyugsnad</i> 	L/NL	Lecture with Charts or PPT/ Clinical Exposure, Case Based Learning, Inquiry Based Learning	2	1
Chapter 9: Clinical management of '<i>khrunad</i>(Diarrhoea) འཇུ་ནད་བཅོས་པ།				
4				
a. Cause, conditions, Classification, sign and symptoms of ' <i>khrunad</i> <ul style="list-style-type: none"> • K-Discuss the Cause, conditions, Classification, Sign and symptoms of '<i>khrunad</i> 	L	Lecture	1	x
b. Treatment of ' <i>khrunad</i> <ul style="list-style-type: none"> • K-Explain the treatment of '<i>khrunad</i> • S-Differentiate the treatment of '<i>khrunad</i> • A-Apply the treatment of '<i>khrunad</i> 	N/L	Lecture with Charts or PPT/ Clinical Exposure, Inquiry Based Learning	2	1
Chapter 10: Clinical management of <i>drimagags Pa</i> (Constipation) རྩི་མ་འགག་པ་ལ་གཞི་བཟོ།				
3				
a. Cause, conditions, classification, sign and symptom of <i>drimagags pa</i> disorders <ul style="list-style-type: none"> • K- Know the cause, conditions, classification, sign and symptoms of <i>drimagags pa</i> disorders 	L	Lecture	1	x

b. Treatment of <i>dri ma gags pa</i> disorders <ul style="list-style-type: none"> • K- Explain the treatment of <i>dri ma gags pa</i> disorders • S-Identify the treatment of <i>dri ma gags pa</i> disorders • A-Recognise the treatment of <i>dri ma gags pa</i> disorders 	L/NL	Lecture with Charts or PPT/Edutainment, Clinical Exposure	1	1
Chapter 11: Clinical management of <i>gchin'gags</i> (Dysuria)				
གཅིན་ཀམ་གསལ་གསོ་བ།			6	
a. Cause, conditions, classification, sign and symptoms of <i>gchin'gags</i> disorders <ul style="list-style-type: none"> • K- Know the cause, conditions, classification, sign and symptoms of <i>gchin'gags</i> disorders • S-Identify the cause, conditions, classification, sign and symptoms of <i>gchin'gags</i> disorders • A-Recognise the Cause, conditions, classification, sign and symptoms of <i>gchin'gags</i> disorders 	L/NL	Lecture/Discussion, Quiz	1	1
b. Treatment of <i>gchin'gags</i> disorders <ul style="list-style-type: none"> • K- Explain the treatment of <i>gchin'gags</i> disorders • S- Identify the treatment of <i>gchin'gags</i> disorders • A-Recognise the treatment of <i>gchin'gags</i> disorders 	L/NL	Lecture/Clinical exposure, Demonstration, Inquiry Based Learning, Case Based Study	3	1
Chapter 12: Clinical management of <i>gchinsnyi</i>(Polyuria)				
གཅིན་སྒྲིབ་ལེན་གསོ་བ།			7	
a. Cause, conditions & classification of <i>gchinsnyi</i> disorders <ul style="list-style-type: none"> • K-Explain the cause, conditions & classification of <i>gchinsnyi</i> disorders 	L	Lecture	1	x
b. Sign and symptoms of <i>gchinsnyi</i> disorders <ul style="list-style-type: none"> • K- Discuss the sign and symptoms of <i>gchinsnyi</i> disorders • S- Identify the sign and symptoms of <i>gchinsnyi</i> disorders • A-Contemplate sign and symptoms of <i>gchinsnyi</i> disorders 	L/NL	Lecture/Discussion, Quiz, Debate, Brain Storming, Blended Learning	2	1
c. Treatment of <i>gchinsnyi</i> disorders <ul style="list-style-type: none"> • K- Explain the Treatment of <i>gchinsnyi</i> disorders • S- Analyse the Treatment of <i>gchinsnyi</i> disorders • A-Recognise the Treatment of <i>gchinsnyi</i> disorders 	L/NL	Lecture/ Role Play, Clinical Exposure, Seminar and Edutainment.	2	1
Chapter 13: Clinical management of <i>tshad'khru</i>(Dysentery)				
ཚད་འཇུག་གསོ་བ།			5	

a. Cause, conditions, classification, sign and symptoms of <i>tshad'khrudisorders</i>	L/NL	Lecture/ Clinical Exposure and Edutainment.	1	1
<ul style="list-style-type: none"> • K- Explain the cause, conditions, classification, sign and symptoms of <i>tshad'khrudisorders</i> • S- Identify the cause, conditions, classification, sign and symptoms of <i>tshad'khrudisorders</i> • A-Recognise the Cause, conditions, classification, sign and symptoms of <i>tshad'khrudisorders</i> 				
b. Treatment of <i>tshad'khrudisorders</i>	L/NL	Lecture/ Clinical Exposure and Edutainment.	2	1
<ul style="list-style-type: none"> • K- Explain the Treatment of <i>tshad'khrudisorders</i> • S- Differentiate the Treatment of <i>tshad'khrudisorders</i> • A-Recognise the Treatment of <i>tshad'khrudisorders</i> 				
Chapter 14: Clinical management of <i>dregnad</i>(Gout)				
འདྲེན་ནད་གསོ་བ།			5	
a. Cause, conditions, Classification, Sign and symptoms of <i>dregnad</i> disorders	L	Lecture with PPT/ Charts.	2	x
<ul style="list-style-type: none"> • K- Describe the cause, conditions, Classification, Sign and symptoms of <i>dregnad</i> disorders 				
b. Treatment of <i>dreg</i> disorders	L/NL	Lecture/ Clinical Exposure, Role Play, Edutainment.	2	1
<ul style="list-style-type: none"> • K- Explain the treatment of <i>dregnad</i> disorders • S- Identify the treatment of <i>dregnad</i> disorders • A-Recognise the treatment of <i>dregnad</i> disorders 				
Chapter 15: Clinical management of <i>grumbu</i>(Arthritis)				
གྲུབ་བྱུ་ནད་གསོ་བ།			7	
a. Cause, conditions, classification, sign and symptoms of <i>grumbu</i> disorders	L/NL	Lecture with PPT or Charts/ Clinical Exposure, Role Play, Edutainment	2	1
<ul style="list-style-type: none"> • K- Describe the cause, conditions, classification, sign and symptoms of <i>grumbudisorders</i> • S- Distinguish the cause, conditions, classification, sign and symptoms of <i>grumbudisorders</i> • A-Recognise the cause, conditions, classification, sign and symptoms of <i>grumbudisorders</i> 				

b. Treatment of <i>grum-bu</i> disorders <ul style="list-style-type: none"> • K-Describe the Treatment of <i>grumbu</i> disorders • S- Distinguish the Treatment of <i>grumbudisorders</i> • A-Value the Treatment of <i>grumbudisorders</i> 	L/NL	Lecture with PPT or Charts/ Clinical exposure, Role play, Edutainment, Kinesthetic.	3	1
Total hours			50	20
Grand total of hours			70	

Paper 2: *thornad dang gsangnadgsoba* /

Management of Unclassified group of diseases and Reproductive Health

Chapter/ Sub-headings	Lecture (L)/ Non- Lecture NL)	Teaching-Learning (TL) Methods	Distribution of hours	
			LH	NLH
Chapter 1: Clinical management of <i>chusernad</i> (Excess serous fluid disease)				
ལྷ་མེད་ཀྱི་ནད་གསོ་བ།				
9				
a. 'gyurtsul (Genesis) of <i>chusernad</i> <ul style="list-style-type: none"> • K-Explain the 'gyurtsul (Genesis) of <i>Chusernad</i> • S- Identify the 'gyurtsul(Genesis) of <i>Chusernad</i> • A-Recognise the 'gyurtsul(Genesis) of <i>Chusernad</i> 	L/NL	Lecture with PPT or Charts/ Clinical Exposure and Edutainment	1	1
b. Classification, Sign and symptoms of <i>Chusernad</i> <ul style="list-style-type: none"> • K-Explain the classification, sign and symptoms of <i>chusernad</i> 	L	Lecture	2	x
c. Treatment of <i>chusernad</i> <ul style="list-style-type: none"> • K- Explain the treatment of <i>chusernad</i> • S- Differentiate the treatment of <i>chusernad</i> • A-Recognise the treatment of <i>chusernad</i> 	L/NL	Lecture/ with PPT or Charts/ Clinical Exposure, Role Play and Edutainment	4	1
Chapter 2: Clinical management of <i>rtsadkarnad</i> (Nerve disorders)				
མདུན་ལུགས་ཀྱི་ནད་གསོ་བ།				
18				
a. <i>Gyestsul</i> (structural Development and networking) of <i>rtsadkarnad</i> <ul style="list-style-type: none"> • K-Discuss the <i>Gyestsul</i> (structural Development and networking) of <i>rtsadkarnad</i> • S- Identify the treatment of <i>rtsadkarnad</i> • A-Recognise the treatment of <i>rtsadkarnad</i> 	L/NL	Lecture with PPT or Charts/ Clinical Exposure and Edutainment, Kinesthetic Learning, Seminar	4	3

b. Cause, conditions, sign and symptoms of <i>rtsadkarnad</i> <ul style="list-style-type: none"> • K-Discuss the cause, conditions, sign and symptoms of <i>rtsadkarnad</i> • S-Differentiate the cause, conditions, sign and symptoms of <i>rtsadkarnad</i> • A-Recognise the cause, conditions, Sign and symptoms of <i>rtsadkarnad</i> 	L/NL	Lecture/Discussion, Debate, Seminar	2	1
c. Treatment of <i>rtsadkarnad</i> disorders <ul style="list-style-type: none"> • K-Discuss the Treatment of <i>rtsadkarnad</i> • S- Identify the Treatment of <i>rtsadkarnad</i> • A-Recognize the Treatment of <i>rtsadkarnad</i> 	L/NL	Lecture with PPT or Charts/ Clinical Exposure, Role Play, Project-based learning, Edutainment, Kinesthetic.	6	2
Chapter 3: Clinical management of <i>pagsnad</i> (Dermatological disorders)				
ཕགས་པའི་ནད་གསོ་བ། 7				
a. Cause, conditions and Classification of <i>pagsnad</i> <ul style="list-style-type: none"> • K-Illustrate the cause, conditions and classification of <i>pagsnad</i> • S- Compare the cause, conditions and classification of <i>pagsnad</i> • A-Comprehend the cause, conditions and classification of <i>pagsnad</i> 	L/NL	Lecture with PPT or AV aids/ Clinical Exposure, and Edutainment, Blended Learning, Seminar	2	1
b. Treatment of <i>pagsnad</i> <ul style="list-style-type: none"> • K- Discuss the treatment of <i>pagsnad</i> • S- Identify the treatment of <i>pagsnad</i> • A-Appreciate the treatment of <i>pagsnad</i> 	L/NL	Lecture/Clinical Exposure, Discussion, Self-Directed Learning	3	1
Chapter 4: Clinical management of <i>phranbu'inad</i> (Miscellaneous minor disorders)				
ཐར་བུའི་ནད་གསོ་བ། 5				
a. Treatment of <i>phranbu'inad</i> <ul style="list-style-type: none"> • K-Discuss the Treatment of <i>phranbu'inad</i> • S- Demonstrate the treatment of <i>phranbu'inad</i> • A-Recognize the treatment of <i>phranbu'inad</i> 	L/NL	Lecture/Discussion, Debate, Case Based Learning/Clinical Exposure.	3	2
Chapter 5: Clinical management of <i>phomtsannad</i> (Male Genital diseases)				
ཕོ་མཚན་ནད་གསོ་བ། 5				

a. Cause, conditions, Classification, Sign and symptoms of <i>phomtsannad</i>	L/NL	Lecture with AV aids/ Discussion/ Edutainment.	1	1
<ul style="list-style-type: none"> • K-Discuss the cause, conditions, classification, sign and symptoms of <i>phomtsannad</i> • S- Distinguish the cause, conditions, classification, sign and symptoms of <i>phomtsannad</i> • A-Recognise the cause, conditions, classification, sign and symptoms of <i>phomtsannad</i> 				
b. Treatment of <i>phomtsannad</i>	L/NL	Lecture/Clinical Exposure, Inquiry Based Learning, Case Based Learning	2	1
<ul style="list-style-type: none"> • K-Describe the Treatment of <i>phomtsannad</i> • S- Identify the treatment of <i>phomtsannad</i> • A-Realize the treatment of <i>phomtsannad</i> 				
Chapter 6: Clinical management of <i>momtsannad</i> (Female Genital diseases)				
མོ་མཚན་ནད་གསོ་བ།		7		
a. Cause, conditions, classification, Sign and symptoms of <i>momtsannad</i>	L/NL	Lecture with AV Aids/ Discussion/ Edutainment	2	1
<ul style="list-style-type: none"> • K- Illustrate the cause, conditions, classification, sign and symptoms of <i>momtsannad</i> • S- Differentiate the cause, conditions, classification, sign and symptoms of <i>momtsannad</i> • A-Recognise the cause, conditions, classification, sign and symptoms of <i>momtsannad</i> 				
b. Treatment of <i>momtsannad</i>	L/NL	Lecture/ Clinical Exposure, Inquiry Based learning, Case Based Learning	3	1
<ul style="list-style-type: none"> • K- Discuss the treatment of <i>momtsannad</i> • S- Formulate the treatment of <i>momtsannad</i> • A-Recognise the treatment of <i>momtsannad</i> 				
Chapter 7: Clinical management of <i>rotsaba</i> (Virility)				
རྩ་ལོ་གསོ་བ་རྒྱ་བ།		11		
a. Primary and secondary management of <i>rotsaba</i> disorders	L/NL	Lecture/ Clinical Exposure, Inquiry Based Learning, Case Based Learning, Workshop,	4	1
<ul style="list-style-type: none"> • K-Discuss the primary and secondary management of <i>rotsabadisorders</i> • S- Illustrate the primary and secondary management of <i>rotsabadisorders</i> • A-Recognise the primary and secondary management of <i>rotsabadisorders</i> 				

b. Treatment of <i>rotsabadisorders</i>	L/NL	Lecture Clinical Exposure, Project Based Learning, Case Based Learning, Workshop	5	1
<ul style="list-style-type: none"> • K-Describe the treatment of <i>rotsabadisorders</i> • S- Identify the treatment of <i>rotsabadisorders</i> • A-Recognise the treatment of <i>rotsabadisorders</i> 				
Chapter 8: Clinical management of <i>bumed pa bstalba</i>(Fertility)				
བུ་མེད་པ་བཟོ་ལ་བྱ་བ།		8		
a. Cause and classification of <i>bumed pa bstalbadisorders</i>	L/NL	Lecture/Clinical Exposure, Inquiry Based learning, Case Based Learning	3	1
<ul style="list-style-type: none"> • K-Discuss the cause and classification of <i>bumed pa bstalbadisorders</i> • S- Identify cause and classification of <i>bumed pa bstalbadisorders</i> • A-Recognise cause and classification of <i>bumed pa bstalbadisorders</i> 				
b. Treatment of <i>bumed pa bstalbadisorders</i>	L/NL	Lecture/Clinical Exposure, Discussion, Inquiry Based Learning, Case Based Learning	3	1
<ul style="list-style-type: none"> • K-Explain the treatment of <i>bumed pa bstalbadisorders</i> • S- illustrate the treatment of <i>bumed pa bstalbadisorders</i> • A-Recognise the treatment of <i>bumed pa bstalbadisorders</i> 				
Total hours			50	20
Grand total of hours			70	

Table 3: B DISTRIBUTION OF HOURS (PRACTICAL)
Practical : (90 HRS)

Sl. No	Name of the practical	Term (I/II/III)	Distribution of Hours
--------	-----------------------	-----------------	-----------------------

1	<p>Clinical assessment of <i>skad'gags</i> disorders སྐད་འགགས་གསོ་བ།</p> <ol style="list-style-type: none"> 1. Assessing the classifications of <i>skad'gags</i> due to: <i>Loong, Tripa, Khrag, Badkan, Zad-byed, Tsil-Gyur</i> and <i>das-Chad</i> disorders through Communication, vocal tone, pulse diagnosis & throat examination. 2. Venesection of <i>skyor gong</i> Vein in case of <i>KhargGyur</i> 3. Emesis followed by Moxabustion for <i>Badkan</i> cases, 4. Nasal nebulization for <i>TsilGyur</i> cases. 	I	3
2	<p>Clinical assessment of <i>Yiga'chuspadi</i> disorders ཡི་ག་འཆུས་པ་གསོ་བ།</p> <ol style="list-style-type: none"> 1. Assessing through taste experience, tongue examination, Mental Stress examination. 2. Application of Favourable/soothing aroma therapy 	I	1
3	<p>Clinical assessment of <i>skomnad</i> སྐམ་ནད་གསོ་བ།</p> <ol style="list-style-type: none"> 1. Assessing clinically through communication skills, pulse diagnosis, tongue examination, smell examination for different categories of <i>skomnad</i> 2. Purgation procedure and mouth wash administration 	I	2
4	<p>Clinical assessment of <i>skyigsbudis</i> disorders རྒྱུགས་བྱི་ནད་གསོ་བ།</p> <ol style="list-style-type: none"> 1. Assessing clinically through Listening. 2. Oleation and massage therapy followed by Emesis and Purgation procedures. 3. Nasal therapy intervention, 4. moxibustion of <i>snyingsrtsa, spyigtsug, tsogsgo&skestong, nanglon- 'Phar rtsa</i>. 	I	3
5	<p>Clinical assessment of <i>dbugsmibdeba</i> disorders དབུགས་མི་བདེ་བ་གསོ་བ།</p> <ol style="list-style-type: none"> 1. Assessing clinically different forms of <i>dbugsmibdeba</i> དབུགས་མི་བདེ་བ། through vocal tone examination, respiratory rate, 2. Radiological investigation & Pulmonary function test 3. Sesame Oil application, Nasal Fumigation, 4. Venesection of <i>skyorgongrtsa&thongrtsa</i>, 5. Physical identification of <i>go chen</i> and <i>gochung, ske-stongthurmapoints</i>. 	I	5
6	<p>Clinical assessment of <i>chusernad</i> (Excess serous fluid disease) རྩ་ལེར་གྱི་ནད་གསོ་བ།</p> <ol style="list-style-type: none"> 1. Assessing the classifications of <i>chu ser nad</i>. 2. Assessing various treatment modalities for <i>chu ser nad</i> 3. Specific preparation of <i>Khanda</i> and <i>sman mar</i> as an antidote and managing sensitive <i>chu ser nad</i> 4. Venesection of concerned Vein points for drainage of <i>chu ser nad</i>. 	I	6
7	<p>Clinical assessment of <i>rtsadkarnad</i> (Nerve disorders) རྩ་དཀར་གྱི་ནད་གསོ་བ།</p> <ol style="list-style-type: none"> 1. Assessing through communication skills, visual experience, urine and pulse examination, and categorizing <i>rtsadkarnad</i>. 2. Acute and Chronic treatment modalities for <i>rtsadkarnad</i> 3. Specific treatment modalities for various forms of <i>rtsadkarnad</i>. 4. Application of <i>Lumst</i> therapy, moxibustion and nasal therapy. 5. Radiological Investigation of <i>rtsadkarnad</i> 	I	9

8	Clinical assessment of <i>glangthabs</i> disorders ལྷང་ཐབས་བཅོས་པ། <ol style="list-style-type: none"> 1. Identification and demonstration of different forms of <i>glangthabs</i> 2. Identification of different venesection points such as <i>ruthung, mcherrtsa, longrtsa</i> 3. Demonstration of Vertebral Cracking therapy and tying four extreme points. 4. Demonstration of moxa for <i>Itezur</i> points, <i>long</i> channel 	II	4
9	Clinical assessment of <i>srinnad</i> སྲིན་ནད་བཅོས་པ། <ol style="list-style-type: none"> 1. Microscopic examination of Stool for investigation of different forms of <i>loong, Tripa, Khrag</i> and <i>Badkansrin</i>. 2. Investigation through communication and history taking. 3. Determination of severity of the <i>srin</i> infestation. 4. Special intervention procedures in <i>Yamakarpo</i> disorder. 	II	3
10	Clinical assessment of <i>skyugsnad</i> ལྷུགས་པའི་ནད་བཅོས་པ། <ol style="list-style-type: none"> 1. Physical examination 2. Vomit examination 3. History taking 4. Pulse & Urine Examination 5. Demonstration of Fasting and post fasting procedures 6. Oral administration and different treatment modalities for various forms of <i>skyugsnad</i> ལྷུགས་པའི་ནད། 	II	2
11	Clinical assessment of ' <i>khrunad</i> འཇུ་ནད་བཅོས་པ། <ol style="list-style-type: none"> 1. Physical and microscopic Examination of stools in cases of '<i>khrunad</i> 2. Examination of bowel sounds 3. Administration of Special diet regimen. 	II	2
12	Clinical assessment of <i>drimagagspa</i> ཇི་མ་འགགས་པ་གསོ་བ། <ol style="list-style-type: none"> 1. Identification of different forms of <i>drimagagspa</i> 2. Physical and microscopic Examination of stools in cases of <i>drimagagspa</i> 3. Demonstration of different poses for controlling descending <i>loong</i>. 4. Demonstration of different procedures. 	II	2
13	Clinical assessment of <i>gchin'gags</i> disorders གཅིན་འགགས་པ་གསོ་བ། <ol style="list-style-type: none"> 1. Identification of different forms of <i>gchin'gags</i>, history taking and communication 2. Physical and microscopic Examination of Urine for different forms of <i>gchin'gags</i> 3. Demonstration of medicinal bath as an intervention. 4. Demonstration of <i>Dugs</i> 5. Demonstration of venesection points due to <i>Khrag</i> disorders. 	II	3

14	Clinical assessment of <i>pagsnad</i> (Dermatological disorders) བཀའ་པོ་ནད་གསོ་བ། 1. Assessing clinically through communication skills, pulse diagnosis, visual examination and urine examination for different categories of <i>pagsnad</i> 2. Oleation and oral intervention for various forms of <i>pagsnad</i>	II	6
15	Clinical assessment of <i>phranbu'inad</i> (Miscellaneous minor disorders) ཕན་བུ་ནད་གསོ་བ། 1. Identification and Assessing clinically through Listening and visual examination of various forms of <i>phranbu'inad</i> . 2. Exposure with class demo in managing various types of <i>phranbu'inad</i> .	II	4
16	Clinical assessment of <i>phomtsannad</i> (Male Genital diseases) ཕྱ་མཚན་ནད་གསོ་བ། 1. Assessing clinically different forms of <i>phomtsannad</i> through visual and physical examination. 2. Radiological investigation of <i>phomtsannad</i>	II	3
17	Clinical assessment of <i>momtsannad</i> (female Genitals diseases) མོ་མཚན་ནད་གསོ་བ། 1. Identification and demonstration of different forms of <i>momtsannad</i> and pathogens microscopically 2. Preparation of Pap Smear	II	4
18	Clinical assessment of <i>gchinsnyid</i> disorders གཅིན་སྟེ་བའི་ནད་གསོ་བ། 1. Identification of various forms of <i>gchinsnyi</i> . 2. Examination of Pulse 3. Examination of Urine 4. Examination of Blood Sugar Level and HbA1c 5. Simulation and Diet Chart Planning and preparation.	III	5
19	Clinical assessment of <i>tshad'khrud</i> disorders ཚད་འཇུ་གསོ་བ། 1. Identification of various forms of <i>tshad'khru</i> ཚད་འཇུ། 2. Routine and Microscopic Examination of Stool. 3. Differential diagnosis of <i>tshad'khru</i> ཚད་འཇུ།	III	2
20	Clinical assessment of <i>dregd</i> disorders རྟེན་ནད་གསོ་བ། 1. Identification of various forms of <i>dreg</i> རྟེན་ནད། 2. Routine and Chemical Examination of Urine 3. Physical examination of affected local sites. 4. Pulse examination.	III	3
21	Clinical assessment of <i>grumbu</i> disorders གྲུམ་བུ་ནད་བཅོས་བ། 1. Identification of various forms of <i>grumbu</i> 2. Blood investigation (RA test, CRP) 3. Pulse examination, 4. Urine examination 5. Physical examination of <i>Shatrem, rustrem, rtsatrem, chutrem, tremdkar&tremnag</i> 6. Differential diagnosis of <i>grumbu&dregnad</i> .	III	5

22	Clinical assessment of <i>rotsaba</i> (Virility) རོ་ཚགསོ་བར་བྱ་བ། 1. Semen and Hormone examination of erectile dysfunction and other sexual disorders. 2. Investigation through communication and history taking for eligible candidates of <i>rotsaba</i> .	III	7
23	Clinical assessment of <i>bumedbstalba</i> (Fertility) ལུ་མེད་པ་བཙལ་བ། 1. Physical examination 2. History taking 3. Pulse& Urine Examination 4. Demonstration of various procedures to manage <i>bu med bstalba</i>	III	6
Total (Practical Hours)			90

Table 4. Assessment Summary

A. Number of papers and Marks Distribution

Sl.No.	Subject	Papers	Theory	Practical or Clinical Assessment					Grand Total
				Practical or clinical	Viva	Electives	IA	Total	
1.	<i>Thornad dang gsangnadgsoba</i> Management of Unclassified group of diseases and Reproductive Health Paper-1 & Paper-2	2	200	100	20	10	20	50	350

B. Scheme of Assessment (formative and Summative)

SN	Professional Course	Duration			
		First Term (1-6Months)	Second Term (7-12 Months)	Third Term (13-18 Months)	
1	Second	3PA & First TT	3PA & Second TT	3PA.	UE
PA: Periodical Assessment; TT: Term Test; UE: University Examinations. University exam should be on entire syllabus.					

C. Calculation Method for Internal Assessment Marks (20 Marks)

	Periodical Assessment	Term Test	Term Assessment
--	-----------------------	-----------	-----------------

	A	B	C	D	E	F	G
Term	1 (20)	2 (20)	3 (20)	Average(A +B+C/3) (20)	Theory(MCQ+SA Q +LAQ)& Practical (Convertedto20)	Sub Total (40 marks)	TermAss essment (20 marks)
First						D+E	D+E/2
Second						D+E	D+E/2
Third					Nil	D	D
FinalIA	FinalInternalAssessment:AverageofthreeTermAssessmentmarksasshownin ‘G’ column						

D. Evaluation Methods for Periodical Assessment

Sl. No.	EvaluationMethod
1.	Practical/ClinicalPerformance
2.	VivaVoce/MultipleChoiceQuestion(MCQ)/ModifiedEssayQuestion(MEQ)/Structure dQuestions
3.	Open-BookTest(Problem-Based)
4.	SummaryWriting(Researchpapers)
5.	ClassPresentations
6.	Work-BookMaintenance
7.	Problem-Based Assignment
8.	ObjectiveStructuredClinicalExamination(OSCE),ObjectiveStructuredPracticalExami nation(OSPE),Mini Clinical Evaluation Exercise (Mini-CEX), Direct Observation Procedures (DOP), Case BasedDiscussion (CBD)
9.	Extra- curricularactivities(Socialwork,Publicawareness,Surveillanceactivities,Sportsorothera ctivitieswhich maybe decidedbythedepartment).
10.	SmallProject (Individual or Group)
11.	Oral Test, etc.

E. Question Paper Pattern

II PROFESSIONAL BSRMS EXAMINATIONS <SRUG-TS>

Time: 3 Hours Maximum Marks: 100

INSTRUCTIONS: All questions compulsory

		Number of Questions	Marks question per	Total Marks
Q 1	Multiple Choice Questions (MCQ)	20	1	20

Q 2	Short answer questions (SAQ)	8	5	40
Q 3	Long answer questions (LAQ)	4	10	40
				100

F. Distribution of theory Exam and Question paper-Blue print

Paper 1: thornad dang gsangnadgsoba

Management of Unclassified group of Diseases and Reproductive Health

Sl. No	Chapters	Marks	Types of Questions "Yes"-can be asked "No"- should not be asked		
			MCQ (1 mark)	SAQ (5 marks)	LAQ (10 marks)
1	Clinical management of <i>skad'gags</i> སྐད་འགགས་གསོ་བ།	12	Yes (1 No.)	Yes (1 No.)	Yes (1 No.)
2	Clinical management of <i>yiga'chuspa</i> ཡི་གེ་འཆུས་པ་གསོ་བ།		Yes (1 No.)	Yes (1 No.)	
3	Clinical management of <i>skomnad</i> སྐྱམ་ནད་གསོ་བ།	19	Yes (1 No.)	Yes (1 No.)	
4	Clinical management of <i>skyigsbu'inad</i> སྐྱེགས་བུའི་ནད་གསོ་བ།		Yes (2 Nos)		
5	Clinical management of <i>dbugsmibdeba</i> དབུགས་མི་བདེ་བ་གསོ་བ།		Yes (1 Nos)	Yes (1 No.)	Yes (1 No.)
6	Clinical management of <i>glangthabs</i> གླང་ཐབས་བཅས་པ།	23	Yes (1 No.)	Yes (1 No.)	
7	Clinical management of <i>srinnad</i> སྤྲིན་ནད་བཅས་པ།		Yes (1 No.)	Yes (1 No.)	
8	Clinical management of <i>skyugsnad</i> སྐྱེགས་པའི་ནད་བཅས་པ།		Yes (1 No.)	Yes (1 No.)	No
9	Clinical management of <i>'khrunad</i> འཇུ་ནད་བཅས་པ།	14	Yes (1 No)	Yes (1 No.)	
10	Clinical management of <i>drimagags</i> དྲི་མ་འགགས་པ་གསོ་བ།		Yes (2 Nos)	Yes (1 No.)	Yes (1 No.)
11	Clinical management of <i>gchin'gags</i> གཅིན་འགགས་གསོ་བ།	Yes (1 No)			
12	Clinical management of <i>gchinsnyi</i> གཅིན་སྟེ་བའི་ནད་གསོ་བ།	20	Yes (2 Nos)	Yes (1 No.)	Yes (1 No.)
13	Clinical management of <i>tshad'khru</i> ཚད་འགགས་པ།		Yes (2 Nos)		
14	Clinical management of <i>dregnad</i> དྲིག་ནད་གསོ་བ།	Yes (1 No)			
15	Clinical management of <i>grumbu</i> གུམ་བུའི་ནད་བཅས་པ།	12	Yes (2 Nos)	No	
Total marks		100	20	40	40

Distribution of theory Exam and Question paper-Blue print

Paper 2: thornad dang gsangnadgsoba

Management of Unclassified group of Diseases and Reproductive Health

Sl. No	Chapters	Marks	Types of Questions "Yes"-can be asked "No"- should not be asked		
			MCQ (1 mark)	SAQ (5 marks)	LAQ (10 marks)
1	Clinical management of <i>chusernad</i> མེར་གྱི་ནད་གསོ་བ།	16	Yes (1 No.)	Yes (1 No.)	Yes (1 No.)
2	Clinical management of <i>rtsadkarnad</i> རྩ་དཀར་གྱི་ནད་གསོ་བ།	16	Yes (1 No.)	Yes (1 No.)	Yes (1 No.)
3	Clinical management of <i>pagsnad</i> དཔགས་པའི་ནད་གསོ་བ།	18	Yes (4 Nos.)	Yes (1 No.)	
4	Clinical management of <i>phranbu'inad</i> ཐུན་བྱའི་ནད་གསོ་བ།		Yes (4 Nos.)	Yes (1 No.)	
5	Clinical management of <i>phomtsannad</i> མེ་མཚན་ནད་གསོ་བ།	25	Yes (4 Nos.)	Yes (1 No.)	Yes (1 No.)
6	Clinical management of <i>momtsannad</i> མོ་མཚན་ནད་གསོ་བ།		Yes (1 No.)	Yes (1 No.)	
7	Clinical management of <i>rotsaba</i> རོ་ཙ་གསོ་བར་བྱ་བ།	25	Yes (1 No.)	Yes (1 No.)	Yes (1 No.)
8	Clinical management of <i>bumedbstalba</i> ལུ་མེད་པ་བཙལ་བ།		Yes (4 Nos.)	Yes (1 No.)	
Total marks		100	20	40	40

G. Distribution of Practical Exam

Sl. No	Name of the practical		Marks
1	S.No.	Practical Name	20
	1	Clinical Assessment Physical Examination Urine Examination Throat Examination Tongue Examination Smell Examination Case based history taking	
	2	Demonstration Measuring Respiratory Rate Tying four extreme points in <i>drigags</i> Pulmonary Function Test	
3	Application Favourable Soothing aroma therapy Preparation of Diet Charts for <i>gChinsNyi</i>	15	

	4	Lab Report Interpretation CBC RA Factor test CRP HbA1c Uric Acid Blood Sugar Level Urine Sugar Test Radiological Investigation	15
	5	Identification Moxa points for various <i>Thornad</i> disorders Venesection Points <i>Thornad</i> disorders <i>Thurma</i> Points <i>Thornad</i> disorders <i>Chuser</i> drainage points Pathogens under Microscope	15
	6	Therapeutic Procedure Performing Nasal Therapy Vertebral Cracking therapy Insertion of IUCD	20
	Total Marks		100
2	Viva		20
3	Internal assessment		20
4	Electives		10
	Total (Practical Marks)		50
	Grand Total		150

REFERENCES:

1. *YuthokYontenGonpo, bdudrtsisnyingpo yanlag brgyadpa gsangba manngaggirgyudchesbyababzyugsso. Sorig literary research department, Men-tsee-khang. Dharamsala, H.P; 2006*
2. *bdudrtsisnyingpo yanlag brgyadpa gsangba manngaggirgyud, KyempaTsewang, Men-Tsee-Khang*
3. *mespo'izhal lung, ZurkharLodoeGyalpo, Men-Tsee-Khang*
4. *gso rig rgyudbzhi'i 'grelchendrangsrongzhal lung. Sikhron mi rigsdpekhang, Khro-ru-tsernam*
5. *man ngagrgyudkyirnambshadnyungngugsalston. Sikhron mi rigs dpekhang*
6. *a rura'iphrengmdzes.mi rigs dpekhang*
7. *cha lag bcobrgyad.smad cha. Kansu'u mi rigs dpekhang*
8. *kongsprulzintigstod cha.Krunggo'i bod rigs dpekhang*
9. *man ngagpotidmarpo. smad cha*
10. *bod kyigso rig slob deb.smad chabod gzhungsmarntsiskhangmtho slob*
11. *man ngaglhanthabs. mtshosngon mi rigs dpekhang*
12. *phanbde'Ibsilzergsoba'Izlagsar. bod ljongs mi dmangsdpekhang*
13. *rgyunmthongnad rigs gsothabs. mkhasdbangbyamspa 'phrinlas*
14. *gso rig 'bum bzhi. gso rig mtho slob smanri'igling*
15. *sdedgeblasmanyismanyiggcesbtus. rinchen 'od zer*
16. *gso rig snyingbsdusskyarengsgsar pa. bod ljongs mi dmangsdpekhang*
17. *gso rig be'u bum dkarpobdudrtsi'igdamsngagbzugs so. bod gzhungsmarntsiskhang*
18. *yan lag brgyadpa'igzhunglasbsdus pa nor bu'iphrengba. sikhron mi rigs dpekhang*
19. *rgyal poi blayig 'od 'bar gyimchn 'grelzugrngu'imun p drung 'byinzhes by aba bzugs so. sman pa 'jigs med rabbratn*